

Greeting
1 Paul, an apostle of Christ Jesus by the will of God,

To the saints who are in Ephesus, and are faithful¹ in Christ Jesus:

2 Grace to you and peace from God our Father and the Lord Jesus Christ.

Spiritual Blessings in Christ

3 Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love² he predestined us³ for adoption to himself as sons through

Jesus Christ, according to the purpose of his will,⁴ to the praise of his glorious grace, with which he has blessed us in the Beloved.⁵ In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace,⁶ which he lavished upon us, in all wisdom and insight⁷ making known⁸ to us the mystery of his will, according to his purpose, which he set forth in Christ¹⁰ as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth.

4 In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will,¹² so that we who were the first to hope in Christ might be to the praise of his glory.¹³ In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit,¹⁴ who is the guarantee⁴ of our inheritance until we acquire possession of it,³ to the praise of his glory.

Thanksgiving and Prayer

5 For this reason, because I have heard of your faith in the Lord Jesus and your love⁶ toward all the saints,¹⁶ I do not cease to give thanks for you, remembering you in my prayers,¹⁷ that the God of our Lord Jesus Christ, the Father of glory, may give you the Spirit of wisdom and of revelation in the knowledge of him,¹⁸ having the eyes of your hearts enlightened, that you may know what is the hope to which he has

¹ Some manuscripts saints who are also faithful (omitting in Ephesus). ² Or before him in love, having predestined us. ³ Or he lavished upon us in all wisdom and insight, making known... ⁴ Or down payment. ⁵ Or until God redeems his possession. ⁶ Some manuscripts omit your love. ⁷ Greek flesh. ⁸ Greek like the rest. ⁹ Or And word for Father in verse 14. ¹⁰ The Greek word anthropos can refer to both men and women.